



Home & Dairy Produce

Charles Treasure Centenary
Perpetual Trophy › Best Exhibit in
Home & Dairy Produce.

*A ribbon will be awarded for the
most number of points overall.*

EXHIBITING AT THE CANNING SHOW

Why Enter

➔ Prizes

Win a share of over \$19k in cash prizes across 650+ classes

➔ Top Honours

Compete for placings, Champion awards, section ribbons for most points, and prestigious Perpetual Trophies for the overall highest-point winners.

➔ Public Display

All entered, delivered, and judged exhibits will be displayed to the community during the Canning Show.

How to Enter

➔ Online Entries

The easiest way is to enter online at: canningshow.com.au/exhibition

➔ Paper Entry

You can submit using the form found in the centre of the physical book, found online on our Exhibition page, or picked up from our office at Cannington Exhibition Centre & Showgrounds..

➔ Cost Per Entry

→ **\$1 PER YOUTH CLASS ENTRY**

→ **\$2 PER GENERAL/ADULT CLASS ENTRY**

Key Terms Explained

→ **Section:** The broadest category of competition that groups types of exhibits

→ eg. Fruit & Vegetables.

→ **Subsection:** A subcategory nested within a Section.

→ Filters a Section into a specific discipline, style, age group, or some other criteria.

→ eg. "Fruit" within the "Fruit & Vegetables" Section.

→ **Class:** Represents the exact item or task an exhibitor can enter into the competition.

→ You will be required to select classes when you place your entry(s) into the Canning Show.

→ Consists of a unique identifying number and name.

→ Classes may have specific requirements for entry.

→ eg. "Class 3000 Cape Gooseberry — 6"

→ **Champion:** A 1st place deemed the best in a Subsection wins a Champion certificate. Champion opportunities for each Section detailed at the start of the Subsection.

→ The **Perpetual Trophy** for each Section is chosen from the Champions in each Subsection.

→ The person with the most number of points in a Section wins a **ribbon**.

Awards Explained

→ **Cash Prizes:** First, second, and third place receive cash prizes.

→ **Certificate:** Awarded to anyone who places 1st, 2nd or 3rd
→ Also awarded to Champions & Trophy recipients.

→ **Champion:** Awarded to the single best 1st place entry within a specific Subsection. Champion opportunities for each Section detailed at the start of the Subsection.

→ **Ribbon:** Awarded to the single exhibitor who accumulates the most number of total points in an entire Section (including all of its underlying subsections combined).

→ **Perpetual Trophy (Section Level):** The ultimate award for a department. This is awarded to the absolute Best Exhibit in an entire Section, chosen from the winning Subsection Champions.

Prizes & Points

→ Over \$19,000 in prize money is distributed amongst 650+ classes.

→ Prize money is designated for 1st, 2nd, and 3rd places. However, all placings are awarded at the judges discretion.

→ If a placing is withheld, the prize money for that place will not be issued.

→ These vary. *See tables below for prize distribution.*

→ Special recognition is given to individuals who earn the most points in a Section or across all Subsections of the competition.

→ Only one prize may be awarded when there are 4 or less entries in any one class.

→ Exhibitors must present their Exhibitor Ticket at the Show office to collect prize money from 3pm Saturday 7 November or 9am – 12pm on Sunday 8 November.

→ Prize money must be collected by Friday 13 November, otherwise it shall be forfeited to the Society (refer to By-Laws).

➔ How Does The Point System Work?

→ All exhibits are anonymously assessed by independent judges recognised as experts in their field.

→ As well as prize money for Class placings, every prize-winning entry is allocated points; *see tables below for points distribution.*

YOUTH CLASSES

PLACING	PRIZE	POINTS AWARDED
1st	\$5 + certificate	6 points
2nd	\$2 + certificate	4 points
3rd	\$1 + certificate	2 points
Champion	Certificate + \$20	-

GENERAL/ADULT CLASSES

PLACING	PRIZE	POINTS AWARDED
1st	\$15 + certificate	6 points
2nd	\$10 + certificate	4 points
3rd	\$5 + certificate	2 points
Champion	Certificate	-

EXHIBITING AT THE CANNING SHOW

⚠ Important Reminders:

- Classes only allow ONE ENTRY per entrant.
 - Any extra entries will see the entries invalid, and refunds cannot be made.
- Classes may have specific requirements for entry.
 - Please read the relevant rules for each Section/Class.
 - Any rules broken will see the exhibits unable to be awarded a prize and refunds cannot be made.
- You may not remove your Exhibit from the display during the Show.



Save The Date!

Exhibition Awards Night

Saturday 21st November 2026

Could you be one of our 2026 Champions?
Keep this date free in your calendar!

Our exclusive Awards Evening is held to celebrate the "best of the best" from the 2026 Canning Show Exhibition.

All Champions will receive an exclusive invitation and ticketing details immediately following judging.

KEY DATES 2026

SECTION	PAPER & EMAIL ENTRIES	ONLINE ENTRIES	FEE
Youth Entries	23 October 2026	25 October 2026	\$1
Youth Perishable Entries for Flowers, Fruit, and Vegetables	30 October 2026	1 November 2026	\$1
General Entries	23 October 2026	25 October 2026	\$2
General Entries for Flowers, Fruit, and Vegetables	30 October 2026	1 November 2026	\$2

Delivery of Entry Dates

SECTION	DELIVERY DAY & TIME	JUDGING
<p>Non-Perishable Exhibits including Youth:</p> <p>The Creative Crafts Exhibition Hall Sponsored by Ron Sao MP – All Photography, All Crafts, Youth Painting & Drawing and Hobby Ceramics</p> <p>Liddelow Pavilion – Painting & Drawing and Industrial Arts</p>	<p>Sunday 1 November 1pm - 4pm</p> <p><u>OR</u></p> <p>Monday 2 November 9am - 11am <u>or</u> 3pm - 6pm</p>	Begins Tuesday 3 November
<p>Perishable Exhibits including Youth:</p> <p>Agricultural Pavilion: Flowers, Fruit, Vegetables, Nuts, Herbs, Dairy, Eggs, Home Brew, and all Cooking.</p> <p>Preserves, Conserves, and Honey may be delivered with Perishables or Non-Perishables</p>	<p>Thursday 5 November 3:30pm - 6:30pm</p> <p><u>OR</u></p> <p>Friday 6 November 7am - 8:30am</p>	Begins Friday 6 November 9am
Country exhibitors, schools, and groups	By Arrangement	As Above

Collection of Entry Dates

SECTION	COLLECTION DAY AND TIME
All exhibits plus Preserves, Conserves, Honey, Home Brew, and Decorated Cakes (excluding other perishables)	<p>Sunday 8 November 9am - 12pm (From the Halls they were exhibited in)</p> <p>Relevant Exhibitor invoice ready to show the stewards so they can retrieve your items.</p>
Perishable items: Flowers, Fruit, Vegetables, Nuts, Herbs, Eggs, Dairy, Cooking	Most Perishable exhibits (unless otherwise specified) will be disposed of for health and hygiene reasons.
Country exhibitors, schools, and groups	By arrangement

PRIZE MONEY

Prize money can be collected from the Office on the Saturday afternoon of the Show (refer to deadlines) or on Sunday morning 8th November between 9am and 12 pm. You must present your Exhibitor Invoice when collecting your prize money.

Prize money MUST be collected by Friday 13 November, otherwise it shall be forfeited to the Society (refer to By-Laws).

⚠ Please Note:

Entries are awarded with prize cards from 5pm Friday 6th November. A full list of results will be available online from Friday 27th November. Trophies and other prizes will be awarded at the Canning Show Exhibition Awards Night on Saturday 21st November.

HOME & DAIRY PRODUCE

Section Rules

- **Handmade by You:** Every exhibit must be the original work of the Exhibitor.
- **Judges' Choice:** Our judges have the right to sample all exhibits in this section. *Please note that they are not able to re-classify entries, so double-check your class number!*
- **A Perfect Seal:** All bottles and jars must be securely sealed. For safety and hygiene, please do not use recycled or poorly sealing jars—a proper seal prevents spoilage and ensures your entry is safe for the judges to taste.
- **Jar Sizing:** Unless otherwise specified, *please use jars between 240g and 500g.*
- **Presentation:**
 - **Keep it Clean:** Jars should not have any identifying marks or commercial labels.
 - **No Cloth Covers:** Please do not use cloth covers over your lids; a clean, standard lid allows the judges to inspect the seal easily.
- **Prizes:** Only one prize may be awarded when there are 4 or less entries in any one class.
- **Collection & Hygiene:** You can collect your exhibits on the morning immediately following the Show (don't forget your invoice). *Please note that any exhibits will be disposed of by CAHRS if they pose a health or hygiene risk.*
- **Entry Limits:** Strictly one entry per Exhibitor, per class.

Preserves & Conserves

- **Quantity:** Unless your class specifically asks for more, please present one bottle or jar per entry.
- **Clear Labelling:** Every entry must be clearly labelled. Please include:
 - The name of the produce (eg., Spiced Plum Jam).
 - The date it was made.
 - A full list of ingredients.

Preserves

- **Champion Preserves Exhibit.**

- Class 5000** BBQ Sauce
- Class 5001** Tomato Sauce — Passata
- Class 5002** Sweet Sauce
- Class 5003** Chutney
 - Any variety.
- Class 5004** Cauliflower Pickles
- Class 5005** Tomato Pickles
- Class 5006** Pickles
 - Any other variety, not elsewhere specified.
- Class 5007** Mixed Pickled Vegetables
- Class 5008** Olives
 - Any variety.
- Class 5009** Pickled Onions — whole

- Class 5010** Pickled Onions — other

- Class 5011** Pickled Red Cabbage

- Class 5012** Any Other Preserve, not elsewhere specified

- Class 5013** Preserves — 3 Distinct (different) Varieties

- Class 5014** Dried Fruit — 3 pieces
 - Same variety (present in jar).

- Class 5015** Dried Vegetable — 3 pieces
 - Same variety (present in jar).

- Class 5016** Jerky — Meat — 3 pieces
 - Same variety (present in jar).

Conserves

- **Champion Conserves Exhibit.**

- Class 5020** Apricot Jam

- Class 5021** Fig Jam

- Class 5022** Melon & Lemon Jam

- Class 5023** Plum Jam

- Class 5024** Peach Jam

- Class 5025** Mulberry Jam

- Class 5026** Strawberry Jam

- Class 5027** Raspberry Jam

- Class 5028** Blueberry Jam

- Class 5029** Berry Jam
 - Any variety, not elsewhere specified.

- Class 5030** Marmalade — shredded

- Class 5031** Marmalade
 - Any variety, not elsewhere specified.

- Class 5032** Lemon Butter

- Class 5033** Any Other Conserve, not elsewhere specified

- Class 5034** Conserves — 3 Distinct (different) Varieties

Dairy

- **Champion Dairy Exhibit.**

- **Standard Jar Size:** Please present one 250g bottle or jar per entry.

- **Clear Labelling:** Every entry must be clearly labelled for our judges. Please include:
 - The name of the produce (eg., Spiced Plum Jam).
 - The date it was made.
 - A full list of ingredients.

- Class 5050** Yoghurt — natural

- Class 5051** Yoghurt — flavoured

- Class 5052** Dip
 - Any flavour.

- Class 5053** Cheese — homemade
 - Any variety, hard or soft.

- Class 5054** Butter — salted

HOME & DAIRY PRODUCE

➔ Eggs

- **Champion Eggs Exhibit.**
- **Quantity:** Please present three (3) eggs for each class you enter.

Class 5040 Quail Eggs

Class 5041 Bantam Eggs

Class 5042 Duck Eggs

Class 5043 Goose Eggs

Class 5044 White Eggs

Class 5045 Brown Eggs

Class 5046 Pale Brown or Tint Eggs

Class 5047 Blue Eggs

Class 5048 Mixed Eggs

- Any colours.

Honey

🏆 The Agricultural Produce Commission (Beekeepers) Perpetual Trophy

- **Awarded for the most points earned in the Honey section.**

- **From Your Own Hives:** All apiary products must be the bona fide production of your own hives.
- **Hive Registration:** Please provide your Registered Hive Brand Number with every entry.
- **Honey Presentation:**
 - **Quantity:** Please provide two (2) 500g jars per entry.
 - **The Jar:** Use clean, clear, and sealed glass jars with no identifying marks.
 - **The Fill:** Fill your jars to **6mm from the top.**
- **Chunk Honey:** Follow the honey guidelines above, ensuring the included comb is from the same source.
- **Beeswax:** Please present one (1) block (1kg – 1.5kg) in a rectangular tin with no identifying marks.
- **Judging Standards:** Our judges look for excellence across five key areas:
 - Density.
 - Aroma.
 - Flavour.
 - Cleanliness/Brightness.
 - Finish.
- **Collection:** You can collect your exhibits on the morning following the show (Don't forget your receipt).
- **Champion Honey Exhibit.**

Class 5060 Liquid Honey Standard Light

Class 5061 Liquid Honey Medium Amber

Class 5062 Liquid Honey Standard Dark

Class 5063 Natural Granulation/Crystallised Honey, also called candied honey (this is not creamed honey)

Class 5064 Creamed (Whipped) Honey

Class 5065 Chunk Honey (a combination of extracted liquid honey and comb honey)

Class 5066 Beeswax White

Class 5067 Beeswax Yellow

Class 5068 Beeswax Sculptured Art

Class 5069 Frame of Comb Honey — 1 frame, fully capped

➔ Home Brew

- **Champion Home Brew Exhibit.**
- **The Set of Two:** Please provide two (2) small bottles (up to 500ml each) for every entry.
 - One bottle is for the judges to sample.
 - The second bottle remains sealed for public display throughout the Show.
- **Judging:** Our judges may sample any exhibit in this section.
- **Collection:** You can collect your unopened display bottles on the morning immediately following the Show (don't forget your receipt!).

Class 5080 Lager/Pilsner — Kit Ingredients

Class 5081 Bitter — Kit Ingredients

Class 5082 Draught Beer

Class 5083 Boutique Beer

Class 5084 Stout — Kit Ingredients

Class 5085 Wheat Beer — Kit Ingredients

Class 5086 Ginger Beer — non-alcoholic — Kit ingredients

Class 5087 Mash Method (all grains, all ingredients, from scratch)

Class 5088 Any Other Brew, not elsewhere specified.

BY-LAWS RELATING TO THE CONDUCT OF THE CANNING SHOW

BY-LAWS RELATING TO THE CONDUCT OF THE CANNING SHOW

PURSUANT to Clause 71 (1) and 71 (2) (d) of the Constitution of the Society, these By-laws shall prescribe the Rules and Regulations to apply to the conduct of the Canning Show.

1. DEFINITIONS

AMATEUR/HOBBYIST – A person who engages in an activity or past time primarily for their own purposes, who does not conduct a business in the area or section of the field in which they are competing, and does not do it primarily to make a profit, and where the size and scale of their activities is less than businesses existing in their field of interest.

COMMITTEE – The Committee of Management elected at the Annual General Meeting of the Society.

CEO – A non-elected Officer responsible for the management, supervision, and functioning of the Canning Show.

ENTRY – The information submitted that describes what you intend to exhibit at the Show.

EXHIBIT – The article that you submit to be exhibited and judged at the Canning Show Exhibition.

EXHIBITION – The feature of the Canning Show that directly refers to the competition between - and exhibition of - submitted exhibits.

EXHIBITOR – Person entering exhibits in the exhibition.

MEMBERS – The Members of the Society recorded in the Register of Members.

PROFESSIONAL – A person who declares themselves as a professional, intends to make a profit where the size or scale of their activity is consistent with other businesses in their industry, and the activity is carried out in a business-like manner.

SCHEDULE – The collection of information produced by the Society which describes the requirements for entries and exhibits at the Show, also referred to in full as the Canning Show Exhibition Schedule of Entries.

SHOW – The Canning Show.

SHOWGROUNDS – Cannington Exhibition Centre & Showgrounds; the premises of the Society located at the corner of Albany Highway and Station Street Cannington.

SHOW SECRETARY - The Officer/s appointed by the Society's Committee of Management to carry out the duties the Show By Laws prescribe(s), and other duties and responsibilities delegated by the CEO in respect to the conduct of the Show.

STEWARD – A person appointed by the Show Secretary to supervise a section or sections of the Exhibition during the running of the Show.

THE SOCIETY – Canning Agricultural, Horticultural & Recreational Society Incorporated (CAHRS).

2. ADMISSION OF MEMBERS

2.1 Financial Members of the Society will be allowed admittance into the Canning Show free of charge, subject to the instructions and rules issued by the Society.

3. ACCEPTANCE & REFUSAL OF ENTRIES/EXHIBITS

3.1 Entries and exhibits will be received subject to these By-Laws and the Regulations and ordinary rules of the Society.

3.2 A Show Secretary may remove or refuse admission to the Showgrounds of any exhibit suspected of being dangerous or objectionable.

3.3 The Owner or Exhibitor of an entry subject to 3.2 must immediately remove their exhibit/stand of exhibits in a section/class specified in the Schedule.

3.4 Pertaining to By-Law 3.2, any exhibit removed or refused will be deemed ineligible and shall not be judged.

3.5 Entries will only be accepted when relevant information is provided with accuracy and honesty, and by the methods prescribed in the Schedule.

3.6 Exhibitors are responsible for the accuracy of the description and eligibility to exhibit in a Section or Class specified in the Schedule.

3.7 Only one entry may be submitted in each class by the same exhibitor unless stated otherwise in the Schedule.

3.8 Acceptance deadlines for entries and exhibits as they appear in the Schedule must be adhered to.

3.9 Late entries and exhibits will not be accepted, except when dates are extended by the Committee or approved by a Show Secretary.

3.10 Entry fees must be paid, before the entry is accepted.

3.11 Fees may only be paid by the methods stated in the Schedule.

BY-LAWS RELATING TO THE CONDUCT OF THE CANNING SHOW

4. INTEGRITY OF EXHIBITS

- 4.1 Every Exhibitor must agree their exhibits have either been solely created, grown, or produced by them, and must be their own genuine property.
- 4.2 Youth exhibits must be genuinely and solely created, grown, or produced by the Youth Exhibitor except where assistance is reasonably required for the youth's safety and only to the extent that is applicable to their age and capability.
- 4.3 Unless stated otherwise in the Schedule, Exhibition classes are open to amateurs/hobbyists only.
- 4.4 Previously exhibited articles may not be entered again, unless it has been substantially reworked (at least 50% changed). This rule does not apply to the flower, fruit, vegetables, nuts, or herbs classes.
- 4.5 Collaborative works shall be entered in the name of the creative entity. E.g. Smith family, Canning Vale Primary School etc.

5. ARRANGEMENT & MOVING OF EXHIBITS

- 5.1 The arrangement of exhibits in sections and classes are to be conducted only by the steward responsible for that class.

6. REMOVAL OF ENTRIES AND EXHIBITS

- 6.1 Exhibits can only be removed from display during the times advertised in the Schedule.
- 6.2 A Show Secretary must consent to any removal of exhibits outside of the times advertised in the Schedule.
- 6.3 Exhibitors or their agent must present their exhibitor tickets as proof of ownership when collecting exhibits after display.

7. PENALTIES

- 7.1 Exhibitors will be liable for a penalty of \$20.00 for each occurrence of any of the following:
 - a. removing an official placard, ticket or ribbon affixed or posted by a Steward;
 - b. affixing any other placard, ticket or ribbon other than directed by a Steward;
 - c. refusing in any way to carry out instructions of a Steward.
- 7.2 The exhibits may be retained by the Society at its premises until an Exhibitor has paid their Penalty.

8. JUDGING OF AWARDS

- 8.1 Only Stewards assisting Judges or Officials approved by a Show Secretary are permitted to be in the exhibition area during judging.
- 8.2 The Judge's decision is final for awards on merit.
- 8.3 Exhibits shall not display any ribbon, badge, identifying mark, or name while being judged.
- 8.4 Judges can withhold awarding a prize if exhibits:
 - a. are of an inferior description;
 - b. are not suitable for the Section and Class.
- 8.5 Judges can award a second or third prize, instead of awarding a first prize.
- 8.6 Judges can award a prize on merit if it is considered that there is no competition in a class.
- 8.7 An exhibit may be disqualified by a Judge if the exhibit does not comply with the general rules of the Class.
- 8.8 Champion Awards are selected from exhibits that have been awarded a first prize in specified classes.
- 8.9 Only one prize card will be issued for each prize won.

9. PRIZE MONEY

- 9.1 General prize money will be paid on the Saturday of the Show.
- 9.2 Prize money will only be paid to the Exhibitor or their Agent on presentation of an exhibitor's ticket.
- 9.3 Prize money not collected by the deadline stated in the Schedule shall be forfeited to the Society by the Exhibitor.
- 9.4 Special prizes may be paid up to 28 days after the conclusion of the Show.
- 9.5 Prize money may be paid in cash or transferred to a nominated account via electronic means.
- 9.6 Prize money paid by bank cheque or electronic transfer will be deemed as forfeited to the Society, if the cheque is not cashed within 6 months of date of issue or the payment is returned by the Bank.

BY-LAWS RELATING TO THE CONDUCT OF THE CANNING SHOW

10. PROTESTS

- 10.1 All protests must be:
 - a. Made in writing to the Show Secretary, detailing the reason for the protest
 - b. Lodged no later than 4 hours before the end of the last day of the Show.
 - c. Accompanied with a \$50 fee as may be determined by the Committee of Management from time to time.
- 10.2 Protests shall be refused if Clauses 11.1 (a, b, and c) have not been met.
- 10.3 The Show Secretary shall allow adjudicate the protest in such a manner as they see fit, having regard to the interests of the protestor, all exhibitors and officials and the Exhibition itself.
- 10.4 Where the Show Secretary deems a protest to be unfounded or frivolous the fee shall be forfeited and paid into the funds of the Society.
- 10.5 If a protest is upheld, the exhibitor and/or exhibit may be disqualified and prize money forfeited to the Society.
- 10.6 If a protest is upheld the Show Secretary shall determine if class/es shall be rejudged.
- 10.7 All relevant parties shall be informed of the outcome in writing.

11. DISQUALIFICATION AND FORFEITURE OF PRIZE MONEY

- 11.1 A Show Secretary may disqualify any Exhibitor from exhibiting at the Canning Show for such a period as it sees fit where:
 - a. A Show Secretary is of the opinion there has been a breach of the By-Laws;
 - b. The conduct of an Exhibitor is considered unfit to exhibit at the Show.
- 11.2 A person who has been disqualified from exhibiting at any Show of the Society shall not be allowed to act as agent, representative or servant of an exhibitor at any of the Society's Shows.
- 11.3 The Show Secretary will not accept an entry from an exhibitor who has been disqualified from and exhibiting at the Show or any other Show by an affiliated Society.
- 11.4 Where an entry is accidentally accepted it shall be void and the fee will be returned.
- 11.5 A disqualified Exhibitor will be notified in writing by the Society.
- 11.6 Any Exhibitor disqualified from exhibiting at the Canning Show under these By-Laws or General Rules shall forfeit any prize awarded to them.
- 11.7 A disqualified Exhibitor may appeal to the Committee within 7 days of receiving notice of disqualification.
- 11.8 The committee may uphold or dismiss the appeal.

12. LIABILITY OF SOCIETY

- 12.1 All Reasonable care will be taken to protect the property of the Exhibitor.
- 12.2 The Society will not be responsible for any damage or loss incurred by an Exhibitor.
- 12.3 Exhibitors will not be insured at the cost of the Society.
- 12.4 The Society will not be liable for any damage to any Exhibits, and it is a condition of entry that each Exhibitor shall hold the Society blameless and indemnified against any legal proceedings.

13. GENERAL

- 13.1 A Show Secretary reserves the right to remove any Exhibitor, attendant, worker or visitor from the Showgrounds without giving any explanation or being liable for compensation.
- 13.2 No entertainment shall be allowed on the Showgrounds without consent of the Committee or its delegated officers.
- 13.3 No auction or sale of exhibits will be permitted during the Show or on the showgrounds without the consent of the CEO.
- 13.4 Only assistance dogs shall be allowed on the Showgrounds unless permission is granted by the Society.
- 13.5 The Committee has the right to postpone the Show from the advertised date and make all alterations it considers desirable or necessary in the Schedule, to Prizes and for other Show arrangements.

14. PRIVACY ACT STATEMENT

The information provided by the Exhibitor in the Application for Entry is collected and used by the Canning Agricultural, Horticultural & Recreational Society Inc (CAHRS) to organise and conduct Competitions at the Canning Show. We may publish details such as your Name, Address and Exhibit details in any CAHRS publication or communication. Such information may also be made available to, and published by, the media. We will not disclose your information without your consent for any other purpose unless required or authorised by law. You may request access to your personal information and, if necessary, request that our records of that information be corrected by writing to the CEO at the Canning Agricultural, Horticultural and Recreational Society Inc, PO Box 331, Cannington WA 6987.

Iyengar YOGA

Beginners | Mondays, 7pm–8pm

General | Mondays, 5pm–6:30pm
(experience preferred).

Iyengar Yoga makes precision accessible. Using props for safety and alignment, this practice helps any body type build strength, improve posture, and sharpen focus.

\$22
/class

- Discounted pricing for class bundles available for CAHRS members.
- Mats & blocks provided



Book a
class



Ron Sao MLA

Member for **Cannington**



9356 5011



RonSaoCannington



cannington@mp.wa.gov.au

CANNING SHOW

Owl Show. Owl Community.
Since 1909.

Fri 6th Nov & Sat 7th Nov 2026



- Family Fun • Food • Animals
- Community Exhibition • Farm-To-City Experience
- Rides • Live Music • Fireworks

Tickets at
canningshow.com.au